

ДОУЛА ДЛЯ ДОУЛЫ

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О чем поговорим сегодня

1. Обучение на доулу и как выбрать
2. Доульские деньги и своя семья (коротко)
3. Устойчивая практика доулы

Кто я

Доула

Ведущая индивидуального курса и групп для беременных в формате Доульского кружка Помогательница в послеродовом восстановлении - физическом и эмоциональном.

Мама 4 детей.

В профессии 9 лет. Из динозавров русскоязычного доульского пространства :)

7 лет работала в Беларуси. 2 года живу и работаю на Кипре. Одного из своих детей рожала в Германии, бываю в США, где учусь и общаюсь с местными акушерками, посещаю и рассказываю об опыте госпиталей и родильных центров там в видеороликах и постах.



Self-trained	More info
A Sacred Journey Doula Training Program	asacredjourneyeducationalfacility.weebly.com
Active Birth Institute	www.activebirthinstitute.com
ALACE (Association of Labor Assistants and Childbirth Educators)	www.tolabor.com
Amani Birth	www.amanibirth.com
Ancient Song Doula Services	www.ancientsongdoulaservices.com
Association for Wholistic Maternal & Newborn Health	wholisticmaternalnewbornhealth.org
Austin Baby Guru	austinbabyguru.com
Australian Doula College	www.australiandoulacollege.com.au/
Aviva College	avivacollege.org
Bebo Mia	www.bebomia.com
Beings in Action (BIA)	www.jidoulatraining.com
Bellies of G.R.R.A.C.E.E. Foundation	belliesofgracee.weebly.com
BEST Doula Training	bestdoulatraining.com
Big Belly Services	bigbellyservices.com
BioNascimento	www.cursodedoula.com
Birth and Beyond Resources	www.birthandbeyondresources.com
Birth Arts International	www.birtharts.com
Birth Boot Camp	birthbootcampdoulas.com
Birth From the Earth	birthfromtheearth.vpweb.com
Birth Israel	birthisrael.com

Doula Alliance	training.doulaalliance.com
Doula Caribe Internacional	doulacaribeinternacional.com
Doula To Be	doulatobe.com
Doula Training Canada	www.doulatraining.ca
Doula Trainings International	www.doulatraininginternational.com/
Doula Trainings International	www.doulatraininginternational.com
Doula UK	doula.org.uk
DoulaBuilders	stlouisdoulas.com
DoulaVersity	doulaversity.com
Dynamo Doula Training	angelagallo.com
Family Trees Birth Programs	www.familytreesbirthprograms.com
Fanshawe College Doula Studies Program	www.fanshawec.ca
Genesis Birth Company	genesisbirthcompany.com
H.E.R.B.A.L.	herbal-training.com
Healing Arts Learning Organization	www.healingartslearning.org
Houston Pregnancy Massage & Doula Care School	www.hpregnancy.com
Hypnobabies	www.hypnobabies.com
Hypnobirthing	www.hypnobirthing.com
Indigo Birth	www.indigobirth.com
Innate Traditions Postpartum Care	www.innatetraditions.com

Birth Trust	gilbertbirthcenter.com
Birth Ways International	birthwaysinternational.ca
Birth With Spirit	www.birthwithspirit.com
Birthing From Within	www.birthingfromwithin.com
Birthingway College of Midwifery	www.birthingway.edu
BirthWorks International	www.childbirthinternational.com
Blue Mountain Doula Program	bluemountaindoulaprogram.weebly.com
Cardinal Birth	cardinalbirth.com
Carriage House Birth	carriagehousebirth.com
Cascade Christian Childbirth Association	www.christianchildbirth.org
Catholic Doula Program	www.catholicdoula.com
Centre of Excellence	www.centreofexcellence.com
Charis Childbirth	internationaldoulainstitute.com
Childbirth and Postpartum Professional Association (CAPPA)	www.cappa.net
Childbirth International	www.childbirthinternational.com
College of the Rockies	cotr.bc.ca
Commonsense Childbirth	www.commonsensechildbirth.org
Cornerstone Doula Trainings	cornerstonedoulatraining.com
Dolphin Method	www.dolphinmethod.com
DONA International	www.dona.org

Institute of Somatic Therapy	www.massagcredits.com
Integrated Birth & Family Alliance	www.integratedbirth.org
International Center for Traditional Childbearing	ictcnidwives.org
International Childbirth Education Association (ICEA)	www.icea.org
International Doula Institute	http://internationaldoulainstitute.com/
Intuitive Childbirth	intuitivechildbirth.org
Intuitive Doula	www.intuitivedoula.com
Kriya Birth Institute	kriyabirth.com
Long Island Doula Association, Inc., (LIDA)	www.lidoulas.com
Madriella	madriella.org
Mama Glow	mamaglow.com
Mamatoto Village, Inc	www.mamatotovillage.org
MaternityWise	www.maternitywise.com
Mercy in Action	www.mercyinaction.com
Mère et Monde	www.mereetmonde.com
Montreal Birth Companions Doula School	mbcdoulaschool.wordpress.com
MotherMe Doulas	www.lamazehalthybirthclass.com
MotherWit	motherwit.ca (pdf)
Nafsa Project School	www.laylab.co.uk
Natural Resources	store.naturalresources-sf.com

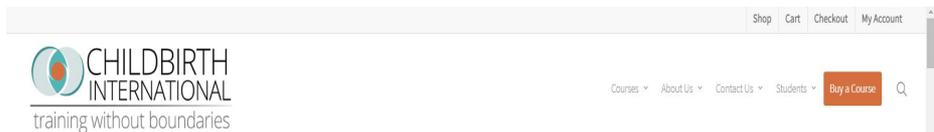
New Beginnings Doula Training	www.trainingdoulas.com
Newborn Mothers Collective (Postpartum)	www.newbornmothers.com
Nite Institute of Naturopathic Therapies	naturopathicinstitute.info
Nite Institute of Naturopathic Therapies	naturopathicinstitute.info
Northwest Association for Postpartum Support	www.napsdoulas.com
Pacific Rim College	www.pacificrimcollege.com
PALS Doulas	www.palsdoulas.org
Parenting Resources Professional Network	www.parentingresourcespros.com
Placenta & Postpartum Association	www.ippatraining.com
ProDoula	www.prodoula.com
REAL Doula	realdoula.com
Red Mundial de Doula	www.redmundialdedoulas.com
Sacred Doula	www.sacreddoula.com
Sista Midwife Productions	www.sistamidwife.com
Southwest Technical College	www.swtc.edu
Stillbirthday	www.stillbirthday.com
Sudharma Birth Services	www.sudharmabirth.com
Sweet Stella's	www.sweetstellas.com
The Birth Well	www.thebirthwell.com
The Bradley Method of Husband-Coached Natural Childbirth	www.bradleybirth.com

The Gathering Place (MotherPath Doula Training and Certification)	www.theplacewgather.com
The Matrona	www.thematrona.com
The Nesting Instinct	nestinginstinctkw.com
The Organization of Labor Assistants for Birth Options & Resources (toLabor)	www.tolabor.com
Tiny Love Doula Certification	www.tinylovedoula.com
toLabor	www.tolabor.com
Traditional Doula and Midwifery Arts.	www.tdoulaarts.com
Twin Lakes College of the Healing Arts	www.twinlakescollege.org
Ubuntu Wellness Academy	www.ubuntuwellnessacademy.com
UC San Diego Health	health.ucsd.edu
Vine of Life Doula Training	www.vineoflifemidwife.com
Warm Welcome Birth Services	www.warmwelcomebirth.com
Welcome Baby Care	www.welcomebabycare.com/postpartum-doula-training/
Wise Woman Way of Birth	www.birthtakesavillage.com/doula-curriculum/

Из того, чего хотите,
выберите то, что
можете.

Или наоборот :)

Америка и школы-гиганты



Европа

[Home](#)[About](#)[Resources](#)[Join us](#)[Members](#)[Contact](#)

Connecting doulas across Europe

While doulas have worked independently for many years all around Europe, growth in our numbers and increasing interest in our services prompted the formation of a network where we can support each other while exchanging ideas and information.

We warmly welcome our doula colleagues from every corner of the European continent to explore this site and encourage you to join in sharing our vision.

Как выбрать?

1. Язык обучения!
2. Читайте пункт “философия и ценности”
3. Обращайте внимание на имена преподавателей и авторов курсов.
Читайте об авторах и где они учились
4. Смотрите на выпускников и их стиль работы
5. Даже на дизайн и стиль общения нужно обращать внимание
(подсознательно все равно будете :))

Стили:

- To be
- To do
- To do... and do some more

Совмещать семью и работу?

Временные возможности

Организация и деньги

Направления работы

Экологичность

Путь к устойчивой практике

Менторство -

Возможность перенять опыт

Увидеть закулисы работы

Оптимальная организация времени

Супервизия

Личная поддержка

Кооперации -

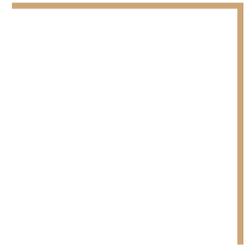
Возможность делать что-то кардинально новое

Действовать командой эффективно

Проще совмещать с семьей

Развитие в смежных областях

Больше охват аудитории



Ищите своих менторов!
И сохраняйте все, что делаете ;)

